



Media Release

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Tackling Indigenous Smoking the focus at the smoke-free Walgett Aboriginal Knockout

Wellington Aboriginal Corporation Health Service (WACHS) and Walgett Aboriginal Medical Service (WAMS) are joining forces to tackle smoking at this year's Walgett Aboriginal League Knockout.

WACHS signed on as a major partner for the event to shine the spotlight on smoking which is responsible for many chronic diseases and premature deaths among Aboriginal people in our region.

The Knockout attracts teams from all across north western and western NSW from communities like Moree, Toomelah, Newcastle, Goodooga, and Mungindi.

"This year WAMS and WACHS will join up to host a QUIT B FIT stall which will have a specific focus on not only educating people on the effects of smoking but to help people take the first steps in either cutting back or quitting," said WACHS Chief Executive Officer, Darren Ah See.

"We will have prizes and giveaways so we really encourage all people of all ages going along to the Knockout to keep an eye out for our stall and come over for a yarn," he said.

WAMS Chief Executive Officer, Christine Corby said she is looking forward to the partnership with WACHS and also encourages local people to visit the stall and then follow up with an appointment with their GP for a health check at the local AMS.

The Knockout boasts \$10,000 prize money and will be held at Walgett's N0.1 Oval on Saturday 17 September.

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Photo:

WACHS CEO Darren Ah See and Matt Rose from Walgett Knockout organising committee signing the partnership agreement for the 2016 Walgett Knockout.

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